

Year 4 Qualification Record

Cadet's Name: _____ Corps/Squadron: _____

Complete ALL of the following:

- 1 Citizenship Activity (PO X01)
- 1 Community Service Activity (PO X02)
- 1 Teamwork Activity (PO 403)
- 1 Physical Activity (PO X05)
- 1 Formal Parade (PO 408)
- 1 CAF Engagement Activity (PO X20)
- 1 Promoting Healthy and Safe Experiences (PHASE) Lesson

Track Physical Activity for 4 weeks (PO X04):

- Week 1
- Week 2
- Week 3
- Week 4

Complete 18 periods of training from the following POs (or a combination of them) for your element:

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18

Army Cadets:

- PO 421 - Field Training
- PO 422 - Follow a Multi-Leg Route Using a GPS Receiver
- PO 423 - Trekking
- PO 424 - Employ Natural Resources in a Survival Situation
- PO 425 - Develop an Expedition Plan
- PO 426 - Perform Expedition Skills

Sea Cadets:

- PO 421 - Perform Ropework
- PO 422 - Attain the ROC(M) with DSC Endorsement
- PO 423 - Locate a Position on a Chart
- PO X24 - Sail a Sailboat IAW Sail Canada CANSail Level 1
- PO X25 - Participate in a Nautical Training Weekend

Air Cadets:

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| <ul style="list-style-type: none"> • PO 429 - Communicate Using Radio Procedures for Aviation Transmission • PO 431 - Explain Principles of Flight • PO 432 - Describe Aero Engine Systems • PO 436 - Explain Aspects of Meteorology • PO 437 - Explain Aspects of Air Navigation | <ul style="list-style-type: none"> • PO 440 - Discuss Aerospace Structures • PO 460 - Describe Aerodrome Operations Career Opportunities • PO 470 - Discuss Aspects of Aircraft Manufacturing and Maintenance • PO 490 - Participate in an Aircrew Survival Exercise |
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Qualification Achieved (Y/N): _____ Date: _____